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ABN 63 111 840 334 National Provider No. 31750



# HLT52415 Diploma of Kinesiology

Welcome to the **Diploma of Kinesiology** Qualification with the **NK Institute**. The Diploma is made up of 20 Kinesiology Workshops (3 Chakra Hologram courses may be done as the Chakra Hologram Intensive) requiring physical attendance, the completion of 19 Units of Competency requiring independant study and 200 hours of clinic experience (120 hours mentored and 80 hours supervised).

This Qualification is designed to be completed in 2.5 years. After the first year of training you will be supported to gain Kinesiology Professional Practitioner status with the **Australian Kinesiology Association** (AKA).

### Face to Face Kinesiology Workshops

|                                  | 3,       | •         |
|----------------------------------|----------|-----------|
| Course                           | Cost     | AKA Hours |
| Principles of Kinesiology 1 to 4 | \$1,600  | 146       |
| Brain Formatting                 | \$400    | 16        |
| Chakra Metaphors                 | \$400    | 16        |
| Physiology Formatting            | \$400    | 16        |
| Balancing with the 5 Elements    | \$400    | 16        |
| Chakra Hologram 1                | \$800    | 32        |
| Chakra Hologram 2                | \$800    | 32        |
| Celestial Chakra Hologram        | \$800    | 32        |
| Neuroemotional Pathways 1        | \$800    | 32        |
| Neuroemotional Pathways 2 & 3    | \$1,000  | 40        |
| Neuroemotional Pathways 4        | \$800    | 32        |
| Nutrition Hologram A             | \$800    | 32        |
| Nutrition Hologram C             | \$800    | 32        |
| Hormone Hologram                 | \$1,000  | 40        |
| Immune & Vaccination Pathways 1  | \$800    | 32        |
| Body Structure Hologram 1        | \$800    | 32        |
| Body Structure Hologram 2        | \$600    | 24        |
| TOTALS                           | \$13,000 | 602       |

# Units of Competency

| Code        | Title  | Cost    | Category             |  |
|-------------|--|---------|----------------------|--|
| CHCCOM006   | Establish & manage client relationships                | \$300   | Communication        |  |
| CHCDIV001   | Work with diverse people                               | \$300   |                      |  |
| HLTAAP003   | Analyse & respond to client health information         | \$300   | Anatomy & Physiology |  |
| HLTKIN001   | Develop kinesiology practice                           | \$300   | Kinesiology Practice |  |
| HLTKIN002   | Conduct indicator muscle monitoring                    | \$300   |                      |  |
| HLTKIN003   | Perform kinesiology assessments                        | \$300   |                      |  |
| HLTKIN004   | Provide kinesiology balances                           | \$300   |                      |  |
| HLTKIN005   | Monitor & evaluate client progress                     | \$300   |                      |  |
| CHCPRP003   | Reflect on & improve own professional practice         | \$300   | Kinesiology Business |  |
| BSBESB404   | Market new business ventures                           | \$300   |                      |  |
| BSBESB401   | Research and develop business plans                    | \$300   |                      |  |
| HLTWHS004   | Manage work health and safety                          | \$300   | Work Health & Safety |  |
| CHCLEG003   | Manage legal & ethical compliance                      | \$300   | Legal                |  |
| HLTHPS010   | Interpret and use information about nutrition and diet | \$300   | Nutrition            |  |
| NAT10831001 | Address muscle imbalances                              | \$300   | Kinesiology skills   |  |
| NAT10831002 | Address emotional imbalances                           | \$300   | 1                    |  |
| NAT10831003 | Address chakra imbalances                              | \$300   |                      |  |
| NAT10831004 | Address meridian imbalances                            | \$300   | E/2000               |  |
|             | TOTAL  | \$5,400 |                      |  |



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### 200 Hours of Clinical Practice

| Practicum              | Total Cost* | Hours |
|------------------------|-------------|-------|
| 11 days Student Clinic | \$1,320     | 80    |
| 15 Mentoring Sessions  | \$1,200     | 120   |
| Total Cost             | \$2,520     | 200   |

# Diploma of Kinesiology Costs Summary

| Item                        | Total Cost* |
|-----------------------------|-------------|
| Kinesiology Workshops       | \$13,000    |
| Practical Training          | \$2,520     |
| Enrolment Fee               | \$200       |
| 18 Workbooks & Assessments* | \$5,400*    |
| Total Cost                  | \$21,120*   |

<sup>\*</sup>Does not include HLTAID011 Provide First Aid which must completed externally before the qualification is issued

The HLT52415 Diploma of Kinesiology includes attendence at practical kinesiology workshops, units of competency workbooks & assessments and 200 hours of clinical practice:

### Breakdown of Training costs:

- The non-refundable enrolment fee is \$200, this will be invoiced after pre-enrolment paperwork is received
- 18 units of competency worksbooks in the Diploma of Kinesiology are \$200 each (\$3,600)
- \$100 each for units of competency assessment tasks (\$1,800)
- \$100 each for units of competency RPL assessment (\$1,800)
- \$0 for each unit of competency that is Credit Transfered
- Workbooks are invoiced at \$300 each to include the assessment
- If you are eligible for RPL for any of the 18 workbooks they will be charged at \$100 instead of \$300 for each workbook
- All workbooks issued by NK Institute are delivered in a digital format (PDF) costing \$300 for each workbook. Once the workbooks are delivered there is no refund possible.
- Supervised & mentored Practical Training cost of \$2,520 will be invoiced in 3 annual charges of \$840 starting in September of the enrolment year

#### This fee does not include:

- Any extra class time associated with the units of competency
- Any extra supervision costs
- Reissuing the qualification (\$50)
- Any kind of extra balancing tools (tuning forks, coloured light kits, slide sets etc)
- HLTAID003 Provide First Aid OR HLTAID011 Provide First Aid must be done externally before qualification is issued

| l                   | have read and agree to t | _ have read and agree to the above costs and conditions |  |  |
|---------------------|--------------------------|---|--|--|
|                     |                          |   |  |  |
| Student's signature | Date:                    | Phone:  |  |  |